# ALL ABC

## What is **mediation**?



MEDIATION

If you and your spouse or partner need help discussing and resolving issues, a mediator can help.



Mediators don't take sides



Mediation helps people reach agreements



Mediation helps resolve issues out of court



Everyone is heard. This can include your children.

# Tailored to your family's needs



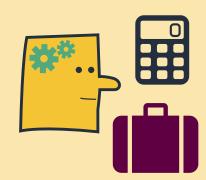
For people who don't communicate well



For families where there's an imbalance of power or safety concerns



Different types of mediation — you don't have to be in the same room



Bring in support person, lawyer, or specialist

## For all types of families & issues











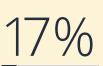




## Effectiveness



of family mediations resolve all issues1



resolve some things and help families move toward resolution<sup>1</sup>



resolve issues about five months faster than going through the courts<sup>2</sup>

## Cost

(on average for both parties)

39,990°



Mediation



Court (2 day trial)



If you qualify

Confidential & safe



Tailored solutions — you get a say, rather than the court deciding for you

# Healthier families

Going to court can increase conflict



Less stress — mediation resolves conflict

## How to find a mediator

## Family Justice Centres

www2.gov.bc.ca/gov/content/life-events/divorce/ family-justice/who-can-help/family-justice-counsellors

> Legal Aid BC legalaid.bc.ca/legal\_aid/mediation.php

> > mediatebc.com







British Columbia mylawbc.com



### Sources

- <sup>1</sup> Survey of Mediate BC Mediators 2015
- <sup>2</sup> Mediate BC Dept of Justice Canada study 2007 <sup>3</sup> 2015 Canadian Lawyer Legal Fees Survey